

THE GOOD INTENT

MENU

TO START:

- Soup of the day** served with warm ciabatta...£5.50
Veggie Platter, homemade Houmous, ciabatta, marinated Olives & Sundried tomatoes, cucumber sticks, roasted peppers & tofu.....£8.50
Charcuterie Board, Spanish Chorizo, Salami di Milano, Prosciutto Crudo, brie, marinate olives and ciabatta.....£8.95
Beetroot Carpaccio with pine nuts, wild rocket and parmesan shaved (Vegan option available)...£6.95
Caprese Salad, buffalo mozzarella, basil and tomatoes.....£5.95
White bait served with homemade tartare sauce & warm ciabatta.....£5.95

TO FOLLO:

- Beef Stroganoff**, cooked in a creamy sauce with mushrooms, cornichon and banana shallot, served with long grain rice.....£13.95
Chicken Roulade, delicious chicken breast stuffed with spinach & cheddar cheese, wrapped in bacon, served with a creamy mushroom & white wine sauce, chunky chips and steamed vegetables.....£14.95
BBQ Pork Loin Ribs served with chunky chips, mixed leaves, apple & maple s yrup coleslaw and a smokey Bourbon sauce.....£15.95
Roasted Butternut Squash Roulade, served with chunky chips and steamed vegetables...£13.95
Oven baked Fish of the day served with baby potatoes, steamed vegetables and a garlic & butter sauce.....£15.95

BAR CLASSIC:

- Hand carved Ham, Eggs and Skinny Fries** served with mix leaves.....£10.95
Beer Battered Cod and Skinny Fries served with mushy peas and homemade tartare sauce.....£11.95
Beer battered Halloumi served with skinny fries, mushy peas and sweet chilli sauce.....£10.95
Whole Tail Scampi served with skinny fries, mushy peas and homemade tartare sauce.....£10.95
Grilled Cajun Chicken Burger in a toasted bun with mix leaves, tomato, crushed avocado, bacon, jalapenos, smoked cheese & red onion, served with skinny fries.....£10.95
Homemade Beef Burger in a toasted bun with crispy bacon, cheddar cheese, tomato, mix leaves, BBQ sauce, red onion and gherkins, served with skinny fries.....£11.95
Veggie Burger in a toasted bun with tomato, mix leaves, gherkins, apple & maple syrup coleslaw and cheddar cheese, served with skinny fries (Vegan option available).....£10.95
- ### SALADS:
- Chicken, Bacon and Avocado Salad** served with mix leaves, tomatoes, cucumber, red onion, coriander and summer dressing.....£11.95
Crab & Papaya Salad, delicious crab meat served with red pepper, juicy papaya and mint on a bed of wild rocket, topped with lemon juice & honey dressing.....£14.95
Grilled Halloumi & Avocado Salad served with mix leaves, tomatoes, cucumber, red onion, summer dressing, topped with pine nuts.£11.95

TO FINISH:

<i>Vanilla Cheese Cake</i> served with summer fruits sauce.....	£5.00
<i>Chocolate Fudge Cake</i> served with summer fruit sauce.....	£5.00
<i>Sticky Toffee Pudding</i> served with salted caramel ice cream.....	£5.00
<i>Chocolate salted caramelised cheesecake</i> (Vegan) served with summer fruits sauce.....	£5.00
<i>Selection of ice cream</i>	£2.00/Scoop

SANDWICH MENU:

(All our sandwiches are served with salad garnish. Available lunch time, Monday-Sunday)

<i>Smoked Salmon</i> served with cream cheese and fresh dill.....	£6.95
<i>BBQ Pull Pork</i> with red onion and gherkins.....	£6.95
<i>Ham and Whole Grain Mustard</i>	£5.95
<i>Cheddar Cheese and Pickle</i>	£4.95

CHILDREN'S MENU:

<i>Fish and Chips</i>	£5.95
<i>Ham, Egg and Chips</i>	£5.95
<i>Beef Burger & Chips</i>	£5.95

SIDES:

<i>Halloumi Fries</i>	£5.00
<i>Chunky Chips</i>	£2.95
<i>Cheesy Chunky Chips</i>	£3.50
<i>Garlic Bread</i>	£2.95
<i>Mixed Salad</i>	£2.95
<i>Apple & Maple Syrup Coleslaw</i>	£2.95

For any information regarding allergies or intolerances please speak with a member of staff.

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